

Heart of the Valley, SERVICES FOR SENIORS

Committed to facilitating, advocating, and supporting **independent living for seniors** residing in West Santa Clara County.



2019 Annual Report



**Heart of the Valley,
SERVICES FOR SENIORS, Inc.**

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Dear Friends,

We all know aging is difficult, especially here in the Bay Area. Keeping up with the rising cost of living while on a fixed income, as well as newfound challenges with activities once taken for granted—driving, gardening, paperwork, house projects, shopping, etc.— can make independence a difficult state to maintain. This is where HOV steps in. For over 33 years, we have coordinated an army of volunteers who donate a few hours of their time per week to improve the safety, welfare, happiness, and social fulfillment for thousands of seniors living in the West Santa Clara Valley. This culture of “friendly neighbors helping neighbors” goes beyond benefiting the seniors, with 96% of volunteers saying it makes them happier.

In February 2019, each HOV volunteer was awarded a personally signed commendation from Santa Clara County Supervisor Dave Cortese for their many hours of caring service to seniors. Supervisor Cortese spoke of Heart of the Valley as a “much-needed direct people-to-people” agency. We were founded in 1987 by five compassionate Santa Clara County residents who knew that everyone wins when neighbors can help seniors continue to live independently in their own homes and take part in the neighborhoods they have come to know and love. You’re all amazing!

Glenda Cresap, Executive Director



 5,714 calls received from seniors

 512 clients helped by 248 volunteers

 >27,000 hours donated

 >30,000 miles driven

 33 languages spoken

Volunteers put the heart in HOV.

The Power of Volunteering¹:

- ♥ 96% said volunteering makes them happier
- ♥ 68% said volunteering makes them feel healthier
- ♥ 73% said volunteering reduces their stress
- ♥ 57% said volunteering expanded their network
- ♥ 73% of employers said they would employ a candidate with volunteer experience over one without

¹According to make A Difference Day survey

Thank you donors!

Many thanks to our donors who enable our work! A full list of donors can be found at: www.servicesforseniors.org/donors

♥ Volunteer ♥ Donate ♥ Leave a legacy ♥

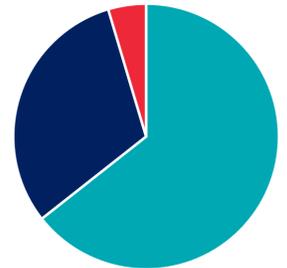
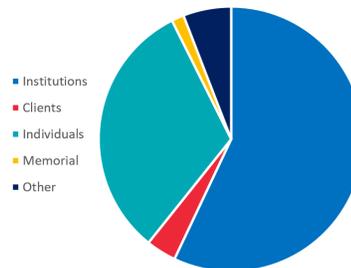
Visit www.servicesforseniors.org/donate for giving options.

We are a non-profit 501(C)(3).
Federal ID: 77-0154535 State ID: 1195602.

Finances:

2019 Income = \$137,239

2019 Expenses = \$145,687



Total Assets 2018 \$195,809
Total Assets 2019 \$185,355

